

Instructions for QPEM 2026 Abstract Submission

1. Go to <https://q-pem.com/q-pem-abstract/>
2. Download the abstract template.
 - a. Fill out the form completely
 - b. Adhere to the word limit strictly in the abstract box.
 - c. The background and aim section should have cited references in parentheses. The references used should be listed in the reference section at end of form.
 - d. IRB statement should be a full sentence.
 - e. Delete all the green highlighted text when done completing the form (before submission).
3. Got to submission link <https://panoramaoem.com/index.php/poem/user/register>
 - a. You will need to create an account so you can make the submission.
 - b. On the first page, in section, choose last option “QPEM Abstract Submission”
 - c. Check all the submission requirements. You do NOT need to download or complete the cover letter or the ICMJE forms.
 - d. Click yes to both acknowledgments
 - e. Save and Continue
 - f. Click Add file and upload the abstract form completed earlier. Choose “Article Text” as file type. Then save and continue
 - g. Enter Metadata: Enter your abstract title. copy and paste the abstract from your abstract form into the abstract section. Ensure word count meets the criteria.
 - h. You may add contributors/other authors in List of Contributors.
 - i. Click save and continue and then you may submit the abstract