

“This activity is an Accredited Group Learning Activity Category 1 as defined by the Qatar Council for Healthcare Practitioners- Accreditation Department (QCHP-AD) and is approved for a maximum of X hours for Category 1.”

“This activity was planned by and for the healthcare team, and learners will receive X hours Inter-professional Continuing Education (IPCE) credits for learning and change”.

## QPEM Mid-Year Symposium on Pediatric Pain

April 27, 2019

Venue: Sidra Medicine: Level 2, Tower D

### Facilitators:

Barbara Blackie	Robert Hoffman
Colin Powell	Gokul Erumbala
Shazia Akram	Berenice Traub
Samantha Chande	Stephanie Sharp
Joan Montederamos	

### Target audience:

Physicians, Nurse Practitioner, Nurses, Pharmacist and Allied Health

- Anticipate and strategize on how to assess and manage painful presentations in the Emergency Department
- Describe the various pharmacologic and non pharmacologic treatment options for children experiencing pain and anxiety related to procedural pain

## Program Overview

Time	Description	Learning Outcomes
0700-0715	Registration	
0715-0730	<b>Welcome (pretest)</b>	
0730-0815 45 min	<b>Principles of Pain Assessment and Management in the ED: What SHOULD we be doing?</b>	<ul style="list-style-type: none"> <li>• Discuss why pain assessment and appropriate management is so important in children</li> <li>• Describe the best age/development based methods for assessing pain</li> <li>• Detail an approach to assessing and managing pain in a busy ED</li> </ul>
0815-0915 60 min	<b>Medication Update</b>	<ul style="list-style-type: none"> <li>• Detail the various classes and subclasses of pain medications</li> <li>• Discuss the latest in pain medication research and how to adopt to practice</li> </ul>
0915-1000 45 min	<b>Non Pharmacological Options for Pain and Anxiety</b>	<ul style="list-style-type: none"> <li>• Discuss the various non pharmacologic methods to reduce pain and anxiety related to procedures in the ED</li> </ul>

1000-1015	Break and Networking	
1015-1115 60 min	<b>PEM cases: Strategize about Cases Straight from the ED</b>	<ul style="list-style-type: none"> <li>• Discuss common and uncommon presentations of pain related illness and injury</li> <li>• Create management plans that are child and family centered</li> </ul>
1115-1200 45 min	<b>Technology and Pain Management: What's the Role?</b>	<ul style="list-style-type: none"> <li>• Analyze the technologies that can assist in the management of pediatric pain</li> <li>• Describe how to incorporate and use in your practice</li> </ul>
<b>Lunch hour Mini Seminars:</b>		
1200 -1315 75 min	<b>Sedate or not Sedate?</b>	<ul style="list-style-type: none"> <li>• Describe when pain management may be better served by sedation</li> <li>• Analyze the decision making process for such decisions</li> </ul>
	<b>Nursing Strategies for Reducing Pain; Starting off on the Right Foot</b>	<ul style="list-style-type: none"> <li>• Discuss the methods to ensure a pain free as possible experience in your health care setting</li> </ul>
1315-1415 60 min	<b>Best Articles in Pain Management in the ED</b>	<ul style="list-style-type: none"> <li>• Identify practice changing best evidence in pain assessment and management in pediatric emergency medicine</li> </ul>
1415-1515 60 min	<b>Panel of Experts- How to Avoid "Errors"</b>	<ul style="list-style-type: none"> <li>• Summarize the risks and possible errors that can occur when managing pediatric pain</li> <li>• Strategize how to avoid errors in care</li> </ul>
1515-1530 15 min	<b>The Patient Experience- A Visual Journey</b>	<ul style="list-style-type: none"> <li>• Discuss the pain free journey of a patient in the ED</li> </ul>
1530-1545 15 min	Summary and Wrap up (post test) Team	

The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators, and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.



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